

Episode 1: Myth: Care work is women's work

Overview: Care work is foundational to societies and to humanity. But even though everyone needs care, care work and those who provide it are often ignored, trivialized, or devalued. Why? Part of the reason is that care work is gendered: there's a myth that care work is women's work and that women just have the natural skill to be carers. In this episode, experts share research that shows that caring for others is a skill that anyone can and should learn – and if everyone participated in care, we could have more empathetic, healthier societies and relationships.

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Featured Guests:

Dr. Taveeshi Gupta, Director of Research, Evaluation and Learning at Equimundo

Dr. Darby Saxbe, Professor of Psychology at University of Southern California

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Research:

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